

## Laurimar Link 2019

NUMBER 16

TERM 4 II OCT 2019

### DATES TO REMEMBER: 2019

#### **TERM FOUR**

Monday 14th October

School Production-Night One

Tuesday 15th October

School Production-Night Two

Wednesday 16th October

School Production—Night Three

Region Athletics

Monday 21st October

Prep Information Night

Friday 25th October

Step Into Prep - 2.30pm-3.30pm

Tuesday 29th October

**EB Endurance Day** 

Wednesday 30th October

Prep A,B,C & D Bundoora Farm

Thursday 31st October

Prep E,F,G & H Bundoora Farm

Walk to School Day

Friday 1st November

Step Into Prep - 2.30pm-3.30pm

Monday 4th November

Student Free Day

Thursday 7th November

Colour Fun Run

Working Bee

Friday 8th November

Step Into Prep - 2.30pm-3.30pm

Monday 11th November

Remembrance Day Service 10.30am

**SAVE THE DATE** 

THURSDAY 12th DECEMBER 5.30pm

LPS CHRISTMAS CAROL PICNIC

### Principal's Report

A special welcome back to everyone as we bunker down and work through a successful Term 4 together over the next 3 months.

We trust that you have all had a break and a recharge over the spring holidays and have launched back with renewed enthusiasm.

At Monday's assembly we reiterated to the students that we have a strong academic focus in the classroom for the 11 week term. That this learning period represents slightly more than a quarter of the school year and that there is much hard work throughout the 25 timetabled hours each week in the classroom. Yes, in addition to all this learning, there are many extra curricular activities to be involved in through the term including;

- Whole School Production
- Walk and Ride to school days
- Colour Explosion Fun Run
- Step Into Prep
- Prep Trek
- Prep Graduation
- Grade 6 Graduation
- RACV Energy Breakthrough In Maryborough
- Family Carols and picnic night



I look forward to working closely together with you all thoughout the term to give your child every opportunity to feel success, immerse them in the busy and fulfilling school life and to come home happy and resilient after each day.

#### **Laurimar Primary School Uniform Changeover**

As you would be aware, over the past 2 years we have been gradually phasing out our old uniform of the past 10 years and have had such a positive uptake with the new uniform items. A reminder that this 2 year phase out period will conclude on January 27th with the exception of the girls school dress which has only recently been implemented and we have the 2020/21 school year to phase out the old dress and have the new dress in.

Transition to the new uniform has met expectations and we will communicate a process to hand in the old uniform garments over the coming weeks.

Thank you to everyone in our community for supporting the new and improved uniform at our school and I'm sure you would agree your children look absolutely spectacular and smart in the new attire and we should all be very proud. A special thanks to School Council President Amanda Moad for her support and leadership throughout this process.

### Principal's Report

#### **Bully Free Term 4 at Laurimar Primary School**

At Laurimar Primary, we are steadfast in ensuring that we are a Bully Free School. Working hand in hand is our strong stance on racial vilification. Over the holiday period, I was mortified to see reports of strong bullying and vilification in other schools because they are counter to the work that our school and our teachers are doing to reduce bullying here at Laurimar Primary School.

We are seeing the reported rates of bullying coming down significantly, particularly in schools that are implementing the Respectful Relationships Program of which we are part of this and the School Wide Positive Behaviour Support Programs. Combined with the fact that we are a strong White Ribbon Ambassador School that makes a strong stand against Domestic Violence towards women and children. These are all programs that our staff, students and parents at Laurimar Primary School can be very proud of. We promote very positive and strong messages in relation to this area in particular, bullying.

This is a tribute to the work of our teachers, school leaders and our system and is very pleasing because we know the serious damage that can be inflicted by ongoing bullying over time.

We know that our students can bring with them attitudes and prejudices that are introduced and ingrained outside of the school.

It is one of our obligations to challenge those attitudes and prejudices, whether they are expressed in or out of school, and where they are in conflict with our values of respect and human rights. At Monday's assembly, we promoted to ALL students that they have a right to come to school and feel safe at all times.

It is important that where students are victims of bullying that involves the targeting of a particular identity or affiliation, whether that be on the basis of ethnicity, sexuality, religion, gender or disability, that we not only act to prevent the bullying, but we also name what is being used to target the individual concerned. We expect all stakeholders at Laurimar Primary School to feel comfortable to have conversations around any of these issues. It is only by calling out the nature of the bullying that we're able to fully educate all students about the kinds of abuse that sadly some members of our community, both students and adults, continue to experience. We together need to continue to consider what more we can do to ensure that bullying of all kinds continues to reduce in all our schools, community of Laurimar, Melbourne, Victoria and our great country. As we say to our students, through our actions and words at each moment of every day, we want to be a better Australia today, than we were yesterday and we need everyone pulling in the same direction.

#### 2019 Whole School Production- Time Flies By

On behalf of the Laurimar Primary School community, I want to wish Our Arts Team led by Mrs Louise Mercer, Ali Duncan and Frankie Ciavola the best of luck for a spectacular 3 nights from next Monday through to Wednesday at the glamorous Plenty Ranges, Arts and Convention Centre.

All is in readiness for your children to shine on stage and so much work in the lead up put in behind the scenes by so many. We wish all our 1000 plus students the best of luck and its about getting out there and enjoying yourself on the big stage. We can't wait and it is always a large highlight at our school every 2 years in what is our 6th production. All the best to everyone.

It will be wonderful to catch up with all of you at some point during our busy and rigorous Term 4 around the school or at many of our big events. Have a productive and successful Term 4.

Best Wishes,

Jason McBean

### **First Aid**

#### **Viral Gastroenteritis**

Viral gastroenteritis (gastro) is the one of the most common causes of vomiting and diarrhoea in young children. It is often a short-term illness, triggered by infection and inflammation of the digestive system, resulting in vomiting, diarrhoea and abdominal cramping.

#### How is viral gastro spread?

\*Person to person – either directly or indirectly

This may be by direct contact with the infected person or by touching contaminated surfaces or by coming into contact with airborne droplets.

\*Eating contaminated food or drinking contaminated fluids

Infected people may continue to have the virus in their faeces and pass it onto others several days after symptoms have stopped. The Department of Health strongly suggests that people who have had gastro do not attend school until 48 hours after symptoms have stopped.

#### How can I avoid the spread of viral gastro?

The simplest way to avoid spreading gastro is basic hand hygiene. This includes:

Washing your hands thoroughly with soap and warm water for at least 15 seconds before eating and after going to the toilet.

Information sourced from the Department of Health, Victoria

Further information can be obtained from www.betterhealth.vic.gov.au or phoning 1300 651 160

http://www.education.vic.gov.au/Documents/school/teachers/teachingresources/social/physed/soapyherobathresource2.pdf



#### **Preventative Hayfever Treatment**

The wattle is already in bloom and spring is here!

Up to 30% of children experience hayfever, and generally this is throughout spring and summer. If you know your child is affected by hayfever, please consider giving your child a preventative antihistamine medication **prior** to school. This will ensure they are comfortable at school and maximise their learning time.

If you wish to keep antihistamine or eye drops stored at school for the exclusive use of your child, please provide the medication, clearly labelled, and complete a **Medication Authority Form**, available from the First Aid Room or online via the Laurimar Primary School web page.

Thank you,

Caroline & Jess



### **COME and PLAY CRICKET at Laurimar CC 2019/20**

Laurimar Cricket Club should be your first choice as a local cricket club.

We are in our 3rd year, and last year tasted success in all aspects of our club - Juniors, Seniors, Women's and Vets.

Last season we fielded a Women's team for the very first time.



COME and PLAY and be part of this exciting new cricket club!

Want a game ?? Contact the following:

Juniors - Glenn Welsh - laurimar.juniors@gmail.com Seniors - Ray Kelsey (Head Coach) - 0437 200 008 Women's - Melissa Tripodi - 0409 201 101 Vets (over 40s) - Brett Dudley - 0408 055 626 Junior & Master Blasters - Brad Eastaway - 0490 148 979 Email - laurimar.seniors@gmail.com



Hope to see you playing at Laurimar CC this year!!

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COME and PLAY and be part of this exciting cricket club!

If you want PLAY? Contact the following:

Junior & Master Blasters - Brad Eastaway - 0490 148 979 laurimar.juniors@gmail.com or register at **Playcricket.com.au** 

Hope to see you playing at Laurimar CC this year!!



January School Holiday Art Classes &

After school classes during the Term, start Feb 3rd 2020

- . Kids 5 to 12 years old, kinder classes beginning later in 2020.
- · Small classes using a variety of mediums.
- Natural bush art studio in Hurstbridge.
- Primarily focused on Process Art philosophy, celebrating the ongoing achievements of art making.
- Facilitated by experienced teacher, Gemma.

All classes NOW available to book on my website:

- Dreamers class 5-8yrs
- Creators class 9-12yrs
- Mixed, siblings class 5-12yrs

FREE 'have a go' class dates soon to be released, subscribe on my website to be informed.

Visit: www.exploreart.com.au Email: exploreartkids@gmail.com

FB: Explore ART, classes for kids Instagram: @explore.art.kids





### **Tuning in to Kids**

This programme provides a number of skills & strategies to help with everyday parenting challenges, based on emotionally tuned parenting

Would you like to learn how to:

- Be aware a manage your emotions?
- Understand your child's emotions?
- Build attachment and teaching through emotional experiences?
- help your child manage their emotions?
- Develop skills to assist your child in problem solving?

DATES: Tuesday mornings

22nd October -3rd December

(6 weeks)

TIME: 10am - 12 noon

(refreshments provided)

WHERE: Orchard Road Community

Centre, 121 Orchard Rd Doreen



For bookings & enquiries contact: Parentzone on 03 86418900 or 0458550 071 Email parentzone.preston@anglicarevic.org.au

TOMORROWS